

VIBRANT MOMS NEWSLETTER

May 2024



VIBRANT MOMS Coalition Meeting Recap

The May 9th VIBRANT MOMS Coalition meeting opened updates from Monica Sullivan from Catholic Charities Joseph's Project and Nancy Zamora from the Amarillo Wesley Community Center. These organizations are changing how and how many moms and families in Amarillo and across the Panhandle are served and reached. We are thrilled to have these and all of our Community Partner organizations doing amazing and meaningful work in and for our communities!

Our Phase I VIBRANT MOMS Project is now 9 months in! Qualitative data collection (key informant interviews and focus groups) is in progress. Preliminary findings were shared at our meeting that revealed barriers related to education, awareness, and access. Inpatient data showed high prevalence of preeclampsia, gestational diabetes, and mental health disorders. Notably, the missing race/ethnicity data has been recovered. This update was sent out in a previous email on May 16th. In breakout groups, we identified questions, concerns, and initial ideas related to the data. Join us for Coffee Conversations or email any time for more discussion about findings, next steps and to ensure we are reaching your communities!

Our next coalition meeting date and time will be determined via email poll. We will have even more data to share and discuss!

Partner Highlight -

The Martial Arts and Athletic Center (MAAC)

Discover Exceptional Child Care and Martial Arts Training at MAAC Kids in Amarillo

MAAC Kids in Amarillo stands out by offering exceptional child care and comprehensive martial arts training, focusing on both physical and mental development. Our programs are designed to foster discipline, confidence, and holistic growth in a nurturing environment.

Our Amarillo Locations

3820 Line Ave
2009 N Marrs St
4220 Wolflin Ave

Our Programs

Taekwondo
Boxing
Judo

Why Choose MAAC Kids?

- Physical Development: Our training programs enhance strength, coordination, and fitness.
- Mental Development: We emphasize discipline, focus, and self-esteem.
- Community and Support: Join a community that supports and nurtures your child's growth.

For more information or to enroll your child, please visit maackids.com or call us at (806) 322-1080. Join the MAAC Kids community today and support your child's journey towards holistic development!

MAAC Kids – Empowering the next generation through exceptional care and martial arts training.



Virtual "Coffee Conversations" are held every 3rd Thursday from 10am-12pm. Join us to share events, celebrations, news, and discuss ideas related to the project and the communities we reach and serve.

Next Meeting is June 20, 2024

Zoom Link:

<https://ttuhsc.zoom.us/j/96795698042>

Did You Know



- Hypertensive disorders of pregnancy (HDPs) complicate 5-10% of all pregnancies worldwide
- HDPs are a leading cause of maternal and infant death worldwide
- Approximately 76,000 women and 500,000 babies die each year worldwide from HDPs

Preeclampsia Awareness Month



CDC Hear Her

Preeclampsia Foundation

March of Dimes - Low Dose Big Benefits

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